

**From:** [Hamdy, Rania E.](#)  
**To:** [Humble, Dina](#)  
**Cc:** [Yarbrough, Kay D.](#); [Huston, Celia J.](#)  
**Subject:** Additional PD Evidence : Today @ 2pm- Equity Series: "Good Enough Now" book discussion-  
**Date:** Sunday, October 4, 2020 2:21:12 PM

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**From:** Hamdy, Rania E. <rhamdy@sbccd.cc.ca.us>  
**Sent:** Tuesday, July 14, 2020 1:39 PM  
**To:** Hamdy, Rania E. <rhamdy@sbccd.cc.ca.us>  
**Subject:** Today @ 2pm- Equity Series: "Good Enough Now" book discussion-

Please join us for the third selection in our equity book and film discussions-

Next book discussion on July 14 @ 2pm with Davena Burns-Peters.

Link to join:

<https://cccconfer.zoom.us/j/95528558601>

About Davena's Selection:

“Good Enough Now: Doing the Best We Can With What We Have Now” by Jessica Pettitt

Information about the author can be located at <https://goodenoughnow.com/>  
The book can be purchased on Barnes and Noble or Amazon in hard copy or electronic format.

I had the pleasure of meeting the author of “Good Enough Now” as a fellow Roadie for the Aids Life Cycle Ride several years ago. During our week together on the road, I discovered her day job was a national speaker on issues related to social justice. Her real approach to having difficult conversations, which is supported by action plans, caught my attention and resonated deeply with me. I began to follow her work and soon discovered her book “Good Enough Now: Doing the Best We Can With What We Have Now”. After the first read, yes I

have read it several times, I was able to take away real tools to continue my own personal awareness and growth. I have since utilized the book as a resource for workshops conducted on various topics and most recently developed a month long Book Club, which included facilitation of discussions on each chapter. I believe “Good Enough Now” is one of the best kept secrets and hope to have a small part in sharing it with a larger population. I want to share this work because I believe it opens the door to making change accessible and doable for many who may be overwhelmed with our responsibilities and need to make change.

As the title mentions, “Good Enough Now” is all about doing the best that we can with what we have and that is better than doing nothing at all. To rephrase that, it is better to join in the game and play, even if you stumble, than to sit on the sidelines and not even try. When facing issues of social justice, the level of change and work to be done can be overwhelming. One can often think the issues are insurmountable and the ability to make change as one person seems daunting at best. “Good Enough Now” focuses on starting with ourselves, looking at who we are and what we bring to the table of every interaction we have, what are the narratives we have about ourselves and others and how we can create space within the margins of those narratives to allow for edits. It is through the process of edits, which are ongoing, that change can begin with ourselves and begins to have impact on a larger scale. The book provides specific and a multitude of examples to emphasize points being made, as well as activities to facilitate the work of discovering our narratives and where they come from.

In our discussion together, we will look at the basic premise of the book and some of the actions one can take to begin making change. We will discuss narratives and the concept of “creating space” as a way to allow for edits to those narratives. We will also look at and discuss briefly how we respond to others and to events that occur in our life. Part of making change is being fully aware of who we are, how we came to be what we are and how that in turn impacts every interaction we have with others. This discussion will be interactive with the intent for participant to be engaged in this dialogue. I look forward to dialoguing with you.

### Davena's Bio:

Davena Burns-Peters teaches American Sign Language here at San Bernardino Valley College and has been actively involved in various campus wide projects and has taken on several roles during her time here over the past 6 years.

Davena's educational experience began as an instructor and with her work in the field of Occupational Therapy where her specialty was teaching Group Dynamics and facilitating group discussions and activities. This teaching experience ignited a passion for not only teaching in the classroom, but developing and facilitating workshops for various organizations both locally and on a national level. She develops and presents on a variety of topics, but has a passion for topics related to self-awareness, personal discovery and growth.